

Reviewer: xxxxxx

**Title: xxxxxxxxxxxxxx**

	Bad	Poor	Medium	Good	Excellent
Originality of the subject in view of literature					
Study design and selection of subjects/objects					
Methodology					
Analysis and presentation of results					
Selection of references					
Overall rating					

*Recommendation:*

Accept without revision - Accept the revised manuscript - Re-review the revised manuscript - Reject

Detailed comments **in numbered paragraphs**

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***Suggestions for the reviewers***

*When reviewing a manuscript, please remember it is **anonymous and confidential**. Your suggestions and opinions meant for the editor only ought to be separated from those made available to the author. Whatever your opinion, the final decision is with the editor and the justification will be available upon request. Yet, even in case of rejecting the manuscript, the reviewer is requested to make constructive comments so as to help the author improving the paper. Please, pay special attention to the points listed in the review sheet and, in addition, whether **Biomedical Human Kinetics** is the right journal to publish the manuscript and whether the manuscript is easy to read and understand. This section, which may include other comments, may be reserved for editorial use only. Moreover, when preparing your numbered comments addressed to the author, cover the following issues:*

1. *The abstract and the key words – are they clear enough and in accordance with the contents of the paper?*
2. *The objective of the study – is it well defined and formulated?*
3. *Material and Methods – are the participants of the study and the methods used adequately described?*
4. *The results – do they seem credible and consistent with the title and objective?*
5. *Figures and tables – are they well designed and relevant? This point requires special care.*
6. *The conclusions – do they follow from the presented results? Are not the findings, i.e. facts, presented as conclusions?*
7. *Are the references relevant with respect to the text? Any obvious references not cited?*

*The reviewers are kindly requested to focus on the points listed above. Comments related to the language are not necessary since that issue is being handled at the Editorial level.*