

## One Team, One Heartbeat for One Goal

AUTHOR: UNKNOWN



Provision of health care involves health professionals from various disciplines working together, communicating often, and sharing knowledge where the multi-disciplinary team approach is of paramount importance to achieve care goals that are unlikely to be achieved by health professionals acting in isolation. This viewpoint has enlightened the medical field that quality patient care is accomplished only through grasping knowledge from diverse disciplines. Having a common goal will cultivate unity and boost the productivity among the members of diverse health staff categories paving the way to reach the highest attainable health of the catering population.

Sri Lanka is hailed by other countries as a model for taking healthcare to the doorsteps of people, producing impactful results at a low health expenditure. The motherland can be proud of its health manpower deployed at the grass root levels, who works for the betterment of lives, especially of poor rural masses. Our health workforce is well trained, skilled, and well recognised for their good performances even globally, however, the fact remains that greater investment in

the health workforce is needed to face emerging health challenges.

The Sri Lanka Journal of Health Research (SLJHR) is a common platform for publishing quality health research undertaken by different categories in the health workforce. The mission of SLJHR is to efficiently and promptly publish rigorous, accessible, and relevant material that will help health professionals of Sri Lanka in their practice, lifelong learning, and career development. The logo of SLJHR depicts the field of medicine and healthcare by the centrally placed Rod of Asclepius, the new knowledge and professional growth by the books, and the unity and solidarity among different categories of health professionals by the differently coloured symbolic people who are binding together.

The SLJHR is intended to encourage the culture of research and evidence-based practice among all health professionals and to provide a commonplace for the healthcare fraternity to unite as one team with one heartbeat for the common goal of uplifting the health of the nation.