

TRANSESOPHAGEAL ECHOCARDIOGRAPHY FOR MITRAL VALVE REPAIR SURGERY

Elizabeth Lee Herrera, Gerald M. Lawrie
From Methodist OeBakey Heart Center, Houston, Texas

INTRODUCTION

Mitral valve repair has become the procedure of choice for most diseases of the mitral valve as it preserves both the valvular and subvalvular apparatus. In contrast to mitral valve replacement surgery, patients undergoing mitral valve repair have lower in-hospital mortality and length of stay and improved long-term survival.

Several factors have contributed to the evolution of new techniques for mitral valvuloplasty, including changing patient demographics and increased use of intraoperative transesophageal echocardiography (IOE).¹⁻³ Demographically, there are fewer patients with rheumatic disease and more patients with mitral valve disorders that are amenable to repair, such as primary mitral valve degenerative disease or mitral regurgitation (MR) resulting from coronary artery disease. Concurrently, improved diagnostics by physicians skilled in using IOE have increased the potential candidates for mitral valve repair—for example, patients whose mitral valve disease can be diagnosed at the time of coronary artery bypass surgery. Information derived from IOE data can help determine the cause and severity of the mitral valve disease, assess the feasibility of performing a repair, and determine the success of the repair or if further intervention is needed. Medical causes of postoperative MR (systolic anterior motion of the anterior mitral leaflet or the chordae) must be ruled out in advance.⁴⁻⁶

MITRAL REGURGITATION AND IOE

Mitral regurgitation can result from abnormalities of any of the four components of the mitral valve: the annular ring, valve leaflets, chordae tendinae and papillary muscles. IOE provides information on both the structure and function of all four components using standard 2D views. Quantitative evaluation

using color flow Doppler can determine the severity of MR based on jet area (cm^2), vena contracta (cm), regurgitant fraction (%), regurgitant volume (ml), or regurgitant orifice area (cm^2). Other IOE findings that may help determine chronicity and/or severity of MR include reversal of flow through the pulmonary veins, enlarged left atrium, pulmonary vasculature size

and systolic pressure estimate, and right and left ventricular chamber sizes.

The annular structure is described in terms of size (normal or dilated), calcification, and disjunction (separation between the atrial wall-mitral junction and the ventricular attachment). An ideal candidate for repair would have a dilated annulus without severe calcification (Figure 1). Mitral

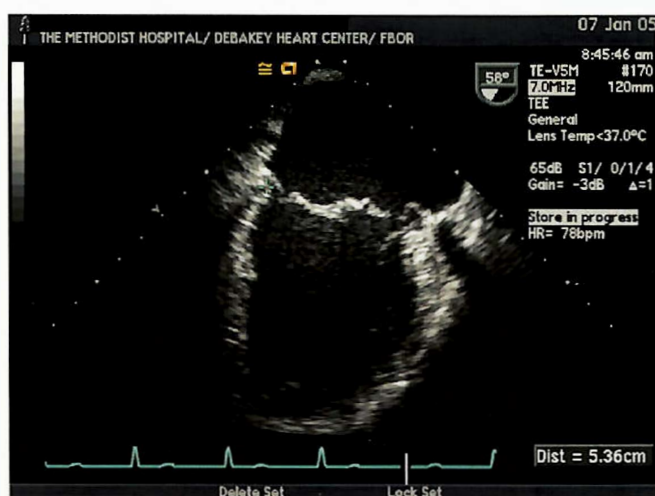


Figure 1. Midesophageal two-chamber view demonstrating mitral annular dilation without severe calcification

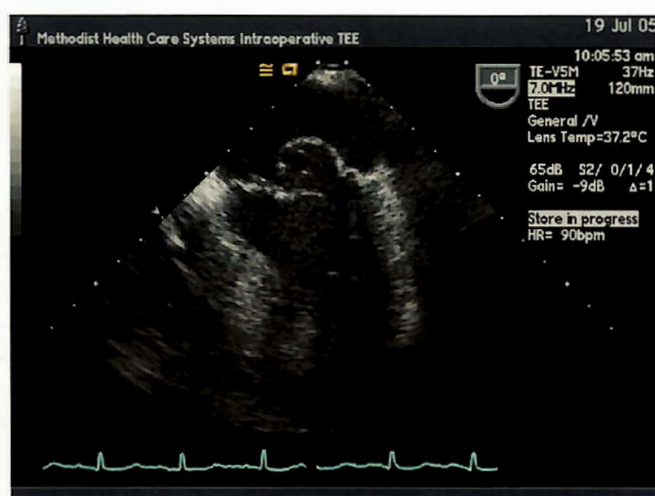


Figure 2. Midesophageal four-chamber view during systole revealing dilated mitral annulus and flail P2 and P3 segments of the mitral valve posterior leaflet with ruptured chordae tendinae

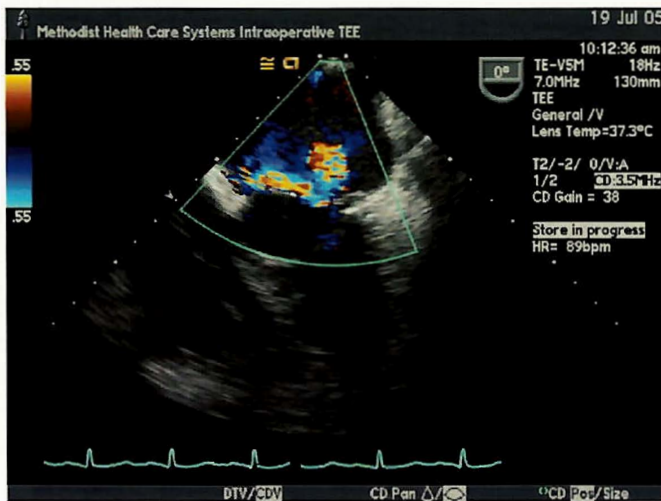


Figure 3. Midesophageal four-chamber view on same patient with color flow Doppler during systole revealing significant mitral regurgitation

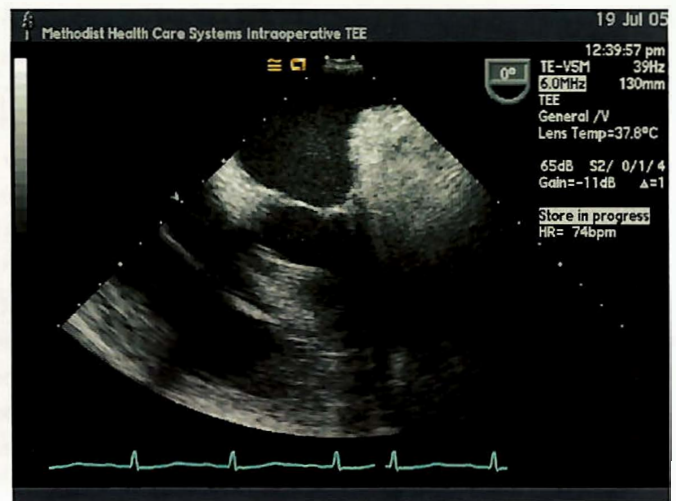


Figure 4. Midesophageal four-chamber view during systole demonstrating postoperative result of above patient with normal coaptation of anterior and posterior leaflets and systolic annular reduction

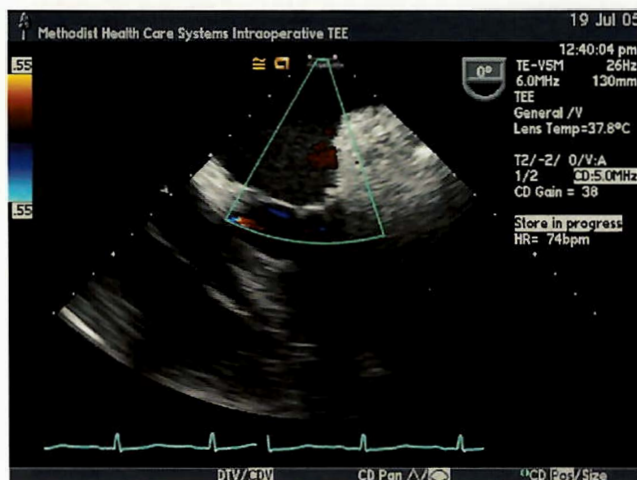


Figure 5. Midesophageal four-chamber view with color flow Doppler during systole demonstrating resolution of mitral regurgitation

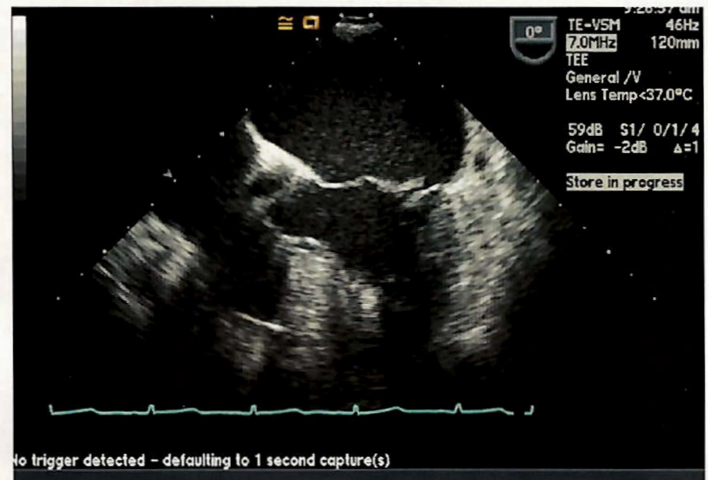


Figure 6. Midesophageal five-chamber view in systole revealing dilated mitral annulus and flail A1, A2 segments of anterior leaflet mitral valve

annular calcification usually occurs in the elderly, more commonly in females, and may cause loss of annular flexibility and MR. When annular dilatation is the sole cause for regurgitation, an annuloplasty ring placed to reduce the orifice size may be the only treatment needed to improve leaflet coaptation.

Most commonly, however, MR arises from primary leaflet dysfunction that causes excessive or restricted leaflet motion. All three scallops of the anterior and posterior leaflets should be identified. Valve leaflet structure is described as normal or thickened and/

or elongated, and whether or not there are associated masses or defects. Valve leaflet function is described as normal or having excessive or restricted leaflet motion. It can result from connective tissue diseases {myxomatous mitral valve), rheumatic fever, bacterial endocarditis and congenital malformations. Myxomatous mitral valve degeneration is most common, usually manifested as posterior mitral leaflet thickening with excessive motion, either prolapse or flail. Congenital diseases causing MR include cleft anterior mitral leaflet associated with primum atrial septal defects

and lengthening of the anterior leaflet associated with Marfan syndrome. Figures 2-9 demonstrate pre- and post-operative IOE findings of patients with posterior or anterior leaflet dysfunctions corrected by mitral valve repair.⁷

Elongated or ruptured chordae tendinae can result in ineffective leaflet coaptation with excessive leaflet motion including flail. Papillary muscle dysfunction from ischemia or infarction can result in ineffective tethering of the leaflets and restricted leaflet motion. In general, the MR jet is directed away from the affected leaflet with excessive

leaflet motion and towards the affected leaflet with restricted leaflet motion.

Surgical techniques to correct leaflet dysfunction and chordal abnormalities have evolved to include posterior or anterior leaflet resection and Gor-Tex chordal replacements, both performed along with ring annuloplasty. Residual MR should be evaluated to determine if surgical or medical intervention is needed (Figures 10, 11).

CONCLUSION

Indications for mitral valve repair surgery are expanding as new techniques are developed and as older, more medically compromised patients are

being considered for these procedures compared to previous decades. Mitral valve disease once thought to be treated only by replacement can now be created with valvuloplasty, with lower mortality and shorter hospital stays. Careful interpretation of IOE in these patients is important to help achieve optimal results.

REFERENCES:

1. Nowicki ER, Weintraub RW, Birkmeyer NJ, Sanders JH, Dacey LJ, Lahey SJ, et al. Mitral valve repair and replacement in northern New England. *Am Heart J* 2003 Jun;145(6):1058-62.
2. Gogbashian A, Sepic J, Soltesz EG, Nascimben L, Cohn LH. Operative and Long-term survival of elderly is significantly improved by mitral valve repair. *Am Heart J* 2006 Jun;151(6):1325-33.
3. Talwalkar NG, Earle NR, Earle EA, Lawrie CM. Mitral valve repair in patients with low left ventricular ejection fraction: early and late results. *Chest*. 2004 Sept;126(3):709-15.
4. Lawrie GM, Earle EA, Earle NR. Feasibility and intermediate long-term outcome of repair of prolapsing anterior mitral leaflets with artificial chordal replacement in 152 patients. *Ann Thorac Surg*. 2006 Mar;81(3):849-56.
5. Agricola E, Oppizzi M, Maisano F, Bove T, De Bonis M, Toracca L, et al. Detec-

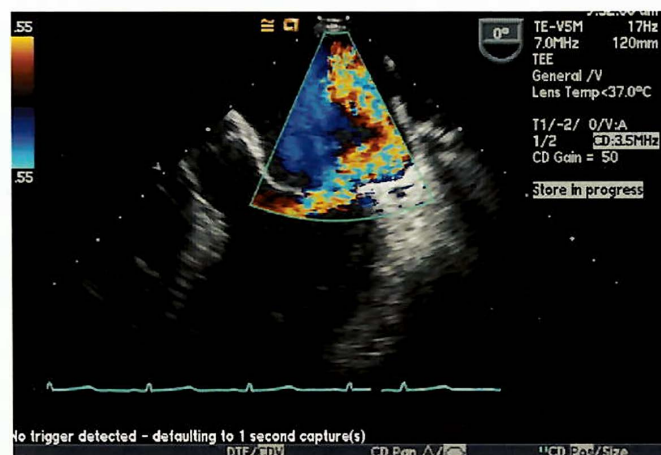


Figure 7. Midesophageal five-chamber view in systole with color flow Doppler demonstrating significant mitral regurgitation

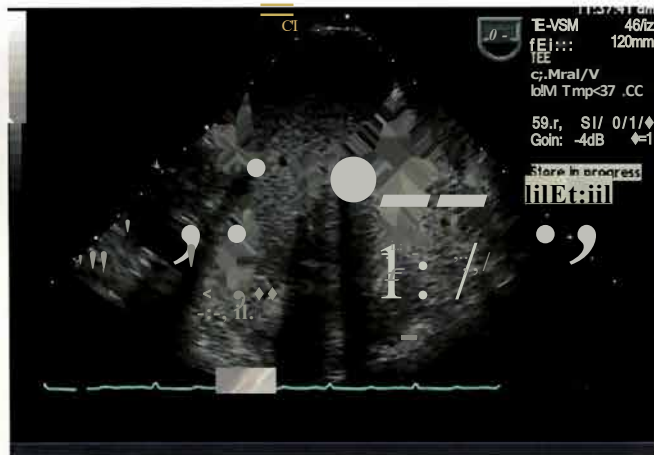


Figure 8. Midesophageal four-chamber view of above patient demonstrating postoperative result with normal capture of anterior and posterior leaflets and systolic annular reduction

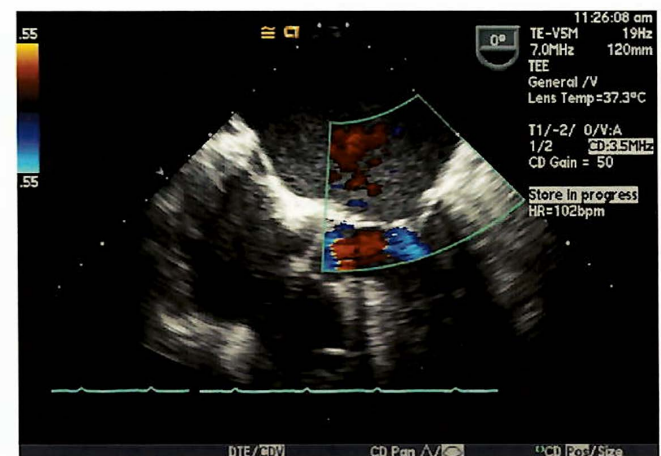


Figure 9. Midesophageal four-chamber view postoperative result with color flow Doppler revealing no mitral regurgitation

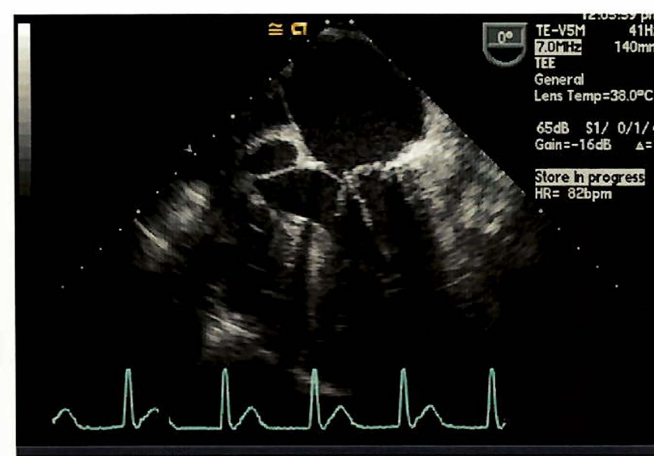


Figure 10. Midesophageal five-chamber view revealing systolic anterior motion of the mitral anterior leaflet at the chordal level, causing obstruction of the left ventricular outflow tract

tion of mechanisms of immediate failure by transesophageal echocardiography in quadrangular resection metal valve repair technique for severe mitral regurgitation. *Am J Cardiol.* 2003 Jan 15;91(2):175-9.

6. Omran AS, Woo A, David TE, Feindel CM, Rakowski H, Siu SC. Intraoperative transesophageal echocardiography accurately predicts mitral valve anatomy and suitability for repair. *J Am Soc Echocardiogr.* 2005 Sept;15(9):950-7.
7. Eriksson MJ, Bitkover CY, Omran AS, David TE, Ivanov J, Ali Mj, et al. Mitral annular disjunction in advanced myxomatous mitral valve disease: echocardiographic detection and surgical correction. *J Am Soc Echocardiogr.* 2005 Oct;18(10):1014-22.

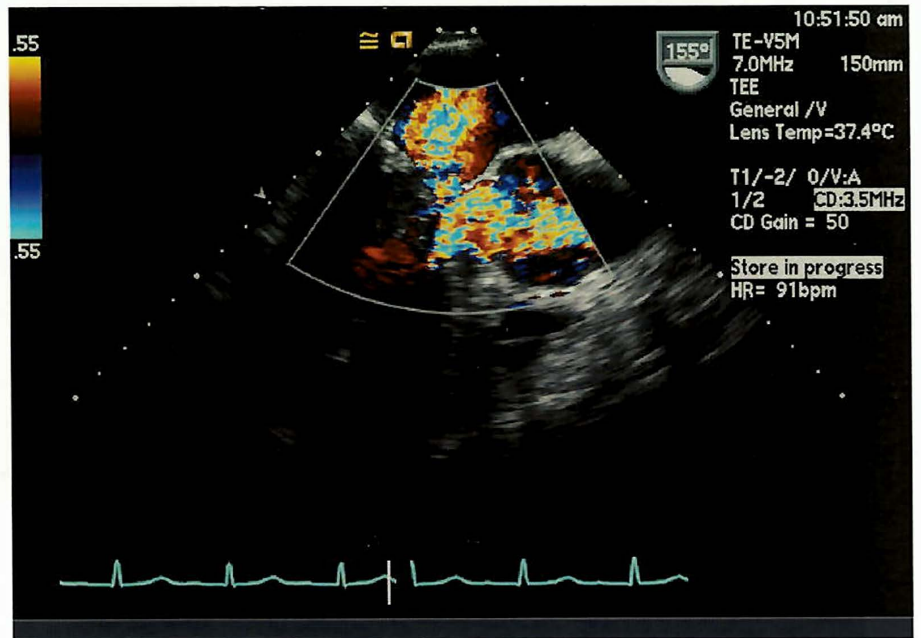


Figure 11. Midesophageal LAX view with color flow Doppler to show mitral regurgitation and left ventricular outflow tract obstruction, both occurring during systole.