



Obesity and the Heart: Webcast March 18 2025

MULTIMEDIA

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ABSTRACT

This 76-minute webcast features a conversation about “Obesity and the Heart”—the focus of Issue 21.2. Led by the issue’s editor, the discussion engages the authors on emerging themes and lessons learned while researching and writing the articles. View the video at <https://vimeo.com/event/4867850>.

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Video 1 The editors and authors discuss details and explore overarching themes in Issue 21.2, titled “Obesity and The Heart.” View it at <https://vimeo.com/event/4867850>.

INTRODUCTION

This 76-minute webcast ([Video 1](#)) features the *Journal's* editor-in-chief, Dr. Miguel Quiñones, and the issue's guest editor, Dr. Eleonora Avenatti, conversing with seven of the authors on the emerging themes and lessons learned while exploring the article topics related to “Obesity and the Heart.” The following list outlines where to view guests and topics:

WELCOME

Miguel Quiñones, MD, introduces topic (2:40)
 Dr. Quiñones introduces guest editor Eleonora Avenatti, MD (4:31)
 Dr. Avenatti explains overview of topics (5:10)

DR. AVENATTI BEGINS DISCUSSIONS

Obesity and Atherosclerotic Cardiovascular Disease: A Review of Social and Biobehavioral Pathways (6:12)

Dr. Avenatti introduces Zulqarnain Javed, PhD, MBBS, MPH (6:26)
 Dr. Javed begins (7:00)
 Dr. Quiñones comments (18:33)
 Dr. Avenatti comments (19:31)

Obesity and Atrial Fibrillation: A Comprehensive Review (20:40)

Dr. Avenatti introduces Adi Lador, MD (20:41)
 Dr. Lador begins (20:53)
 Dr. Avenatti comments (29:12)

Strategies to Manage Obesity: Lifestyle (32:00)

Dr. Avenatti introduces Ramiro Saavedra, MS, RD, CSR, LD (32:25)
 Ramiro Saavedra begins (33:00)
 Dr. Avenatti comments (40:42)

Medical Management of Obesity: Current Trends and Future Perspectives (42:20)

Dr. Avenatti introduces Bhargavi Patham, MD, PhD (42:16)
 Dr. Patham introduces Andres Calderon, MD (43:02)
 Dr. Calderon begins (43:49)
 Dr. Avenatti comments (53:08)
 Dr. Patham begins (53:50)

Food Chain and Food Policies: Causes and Solutions for the Obesity Pandemic (56:45)

Dr. Avenatti introduces Krishnaswami Vijayaraghavan, MD, MS, and Nishtha Sareen, MD, MPH (57:10)
 Dr. Vijayaraghavan begins (58:00)
 Dr. Sareen focuses on Gender Disparity (1:05:25)
 Dr. Vijayaraghavan comments (1:09:00)

CONCLUSION

Dr. Avenatti wrap-up (1:14:52)
 Dr. Quiñones wrap-up (1:15:35)

COMPETING INTERESTS

The authors have no competing interests to declare.

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